Get Outside!

DIY Nature Crown

Get outside and see what you can find! Items like sticks, leaves, flowers, seeds and grass would look great!

What You'll Need:

Paper Scissors Glue

Nature items such as leaves, branches, or flowers.



Go out and explore for items you want on your crown! Once back inside, have a grown up help cut a 2 inch thick strip of construction paper and measure to your head, and cut to have the crown fit! Glue all your finds on your crown and glue to crown ends together. Let dry. Your kingdom of nature awaits!

What's NEW?



We are working hard on making new and fun things for TILTkids! Get excited for receiving a special gift in the mail from your Friends at TILT on your birthday! We love hearing from you! If you have an idea you'd like to share with us please send us an email at TILTKids@tilandtrust.org!



Field Guide!

The Common Chipmunk





Scientific Name: Tamias

The Chipmunk is a speedy small critter, with large glossy eyes, stripes, and a bushy tail. Their pudgy cheeks are perfect to help them store food! They feed on insects, nuts, berries, seeds, fruit, and grain which they stuff into their generous cheek pouches and carry to their burrow or nest to store.

Depending on species, chipmunks can be gray to reddish-brown in color with contrasting dark and light stripes on the sides of their face and across their back and tail. They range in size from the least chipmunk, which, at 7.2 to 8.5 inches and 1.1 to 1.8 ounces, is the smallest chipmunk, to the eastern chipmunk, which grows up to 11 inches and weighs as much as 4.4 ounces.



FUN FAOTS: Chipmunks are similar in size to a teacup!

They have a lifespan of 3 years.

They are omnivores.

Chipmunks top speed is 21 mph.

To learn more about the fun critters, as well as other animals, visit www.nationalgeographic.com

Book: Summer Days And Nights

Age Range: All ages!
This book tells the story of the outdoor adventures of a little girl and how to appreciate the little things in nature!
What do you dream of?



Stuck Inside?

of?

Movie: Wings of Life

Rated G, appropriate for all ages!

A fascinating and educational movie about the beauty of nature! Get a close look at butterflies, hummingbirds, bees, bats and flowers, as well as learn about the food chain and all the creatures! This movie is so good you'll fly right through it!

Get the Whole Family Outside!

It's time for the 2nd Annual Family Fun Run and Walk at the beautiful Otter Creek Preserve!

This event is a FaMiLy Friendly fundraiser in support of youth, Nature and Health of the Thousand Islands Region. The fun run and walk will begin at 10aM and participants will enjoy the scenic north loop on the trail.

\$10 pre-registration, \$15 day of event. (Kids under 12 are free). To register in advance, call the TILT office at 315-686-5345, email TILT at events@tilandtrust.org, or check out or website at www.tilandtrust.org



First 100 Participants get a free T-shirt!

Stay Tuned for the 2018 KldsTreks!!



Nature Word Search



Find the Words:

Hikina

Outside

Bugs

Garden

Flowers

Rocks **Nature**

Ecosystem

Dragonfly

Sun

River

Trails

Fish

Tree

Animals

Download a Trail Guide:



TILT has many Preserves and trails that are open year round to the public! Visit our website and download our trail maps, and GET OUTSIDE!



Contact TILTKids and the Thousand Islands Land Trust:





THANK YOU to Our 2017 TILTKids Camp દ KidsTreks Sponsors!

1000 Islands River Rat Cheese Thousand Islands Sun LaFave, White & McGivern LS PC Reinman's Department Store Phinney Charitable Foundation The Victorian/Subway Clayton ShurFine The Scoop

PO Box 238 • 135 John St. Clayton, NY 13624 • 315-686-5345 TILTKids@TILandTrust.org • www.TILandTrust.org



Table of Contents

Page 1

• 2017 Season Recap and **TILTKIds Treks Photos!**

Page 2

- Get Outside: DIY Nature Crown
- Field Guide: Common Chipmunk
- TILTKids Update: Send us YOUR ideas!

Page 3

- Stuck Inside? Summer Day and Nights and Wings of Life Movie
- Get the Family Outside: Otter Creek Family Fun Run and Walk

Page 4

- Nature Word Search!
- Download a Trail Guide
- Stay connected with TILT!







Dear TILTKids.

Live...Learn...Conserve!

The 2017 season of KidsTreks and TILTKids Camp was so much fun! From learning all about 'How the Garden Grows', discovering all the different types of ecosystems right at Zenda Farms Preserve, and spending a day on a real organic dairy farm - the summer was a BLAST!

We are so happy you were able to join us! If you couldn't make it, don't worry - we've got a few highlights inside for everyone!

In the meantime, get outside and have some FUN!















